

# Eating & Feeding Service

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#### **Eating & Feeding Service Outline**

This service can be offered in two different ways.

An assessment with our SOS-trained Speech and Language Therapist,
Nicky Mearing. This may be at home or at clinic. Nicky can then offer a
block of work to support you and your child around eating and feeding.
Again, this can be offered at home or clinic.

#### OR

 We can offer a detailed assessment with both SOS-trained Speech and Language Therapist, Nicky Mearing and also one of our OT team who are experienced with eating and feeding difficulties. They will visit home on two occasions, and also offer a review appointment within 3 months of the two-visit assessment, to see how things are going, trouble shoot if necessary and to progress any previous advice given.

Please note that in order to be able to visit home and support a family to the standard we would like, we are currently only able to offer the eating an feeding service to families living in the BCP area.



#### **About Nicky Mearing**

The Eating & feeding service is delivered by Nicky Mearing, a Highly Specialist Speech and Language Therapist.

Since qualifying from City University, London in 2009 Nicky has worked with children and young adults with a range of speech, language, communication and swallowing difficulties in special and mainstream schools, nurseries and day opportunity centres.

Nicky holds a post-graduate qualification in The Practical Management of Eating and Drinking Difficulties in Children and a keen interest in sensory feeding difficulties.

Nicky has over 10 years experience of working in the field of complex needs and has knowledge of working with conditions such as Autism, Cerebral Palsy, Traumatic Brain Injury, a variety of genetic conditions including Down Syndrome and Rett Syndrome as well as progressive conditions.

She has extensive knowledge of Augmentative and Alternative Communication (AAC) systems ranging from low-tech symbols and signing to PODD books and high tech communication aids including iPads and eye gaze devices with a range of software and apps. She is also able to provide staff training or work directly with AAC users to further develop their skills in a fun way.



### FOR FURTHER DETAILS OR TO MAKE A BOOKING

## Contact Us

TOTAL CHILDREN'S THERAPY
POOLE ROAD MEDICAL CENTRE,
7 POOLE ROAD
BOURNEMOUTH
BH2 5QR

TEL: 01202 743674 MOBILE: 079 394 10048

EMAIL: INFO@TOTALCHILDRENSTHERAPY.COM

WWW.TOTALCHILDRENSTHERAPY.COM

