

Hi, my name is Jess

Things I like:

- Passionate people
- Living by the sea
- Board games
- Adventures
- Hot cups of tea



Things that make me happy:

- Riding my motorbike
- Knitting
- Reading a good book
- Evenings with friends
- Walking with my family

Things I don't like:

- Spiders
- When it's really cold!
- Carrots
- Dawdling

Things that worry me:

- Plans changing last minute
- Busy shops
- Sleeping through my morning alarm

I'm a Speech and Language Therapist.

I help people express themselves and communicate in ways that work for them.