

Total  
Children's  
Therapy

# Specialist Paediatric Occupational Therapy Service

[WWW.TOTALCHILDRENTHERAPY.CO.UK](http://WWW.TOTALCHILDRENTHERAPY.CO.UK)







# Specialist Paediatric Occupational Therapy

## SERVICE OUTLINE

Our OTs are skilled, friendly, and approachable. They are equally comfortable supporting families on a 1:1 basis, or as part of a larger multi-disciplinary team.

The team bring a variety of clinical skills, with their combined experience they offer a wide range of expertise. They all enjoy working with children and young people and have a shared commitment to providing families a fantastic paediatric OT service. Sessions are effective and fun and designed to ensure the child and family feel comfortable and relaxed working together.

The service is for children and young adults aged 0-18. If the young person is known to us, then we are happy to transition them past 18 and into their early 20s if they are known to us.

You can find full details of the team's experience, as well as child friendly profiles available for download, on the [TCT Team page](#). Please note that OT services provided in-clinic are held at our TCT Westbourne site. The full address, along with directions and clinic opening hours, can be found [on our website](#).

For fees, please refer to our Fees and Services document.







## Services Offered

### **ACTIVITIES OF DAILY LIVING & ORGANISATIONAL SKILLS**

We can help children and young people master activities of daily living (ADLs) to enable a young person to be as independent as possible. Our OTs can support with practical advice, strategies, resources and equipment.

### **DEVELOPMENTAL EARLY INTERVENTION**

Our OTs can be an integral part of the Developmental Early Intervention Service which helps to facilitate the independent functioning of infants and toddlers and their families.

We can support a family's capacity to care for their child and promote their development and participation in natural environments where the child and family live, work and play. This includes practical assistance with everyday routines by addressing areas including activities of daily living, rest and sleep, play, education, and social participation.





## Services Offered Continued

### **EQUIPMENT ADVICE, ASSESSMENT & ALTERATIONS**

Liaison with reps, providing advice regarding new equipment, and expertise regarding altering existing equipment are all part of our OTs' skills set.

### **DEVELOPMENTAL COORDINATION SERVICE**

The team will view your child as a whole and give an overview of their development. They look for any immature, patchy or missing foundation motor skills and the reasons behind them.

We describe it like a game of Jenga-if the bottom rows of bricks are not securely in place it makes it difficult to then build up more complex skills. This can then manifest in issues around organising themselves, following routines or difficulty trying to acquire or perfect motor skills.

The child may be seen to struggle with handwriting, cutlery use, dressing or learning in the classroom. Our OTs can provide both standardised (scored) assessments along with observations. They will then advise and guide the family making recommendations based on their findings



# Services Offered Continued

## NEURO DEVELOPMENTAL

we provide specialist knowledge and skills to support children and young people with complex Neurodevelopmental conditions and syndromes.

## SENSORY PROFILING/SCREENING

As part of our assessment process, we can complete a sensory profile/screen which is part of the battery of assessments that OTs can complete.

From this we can pick out clusters of traits/behaviours. This sensory screen along with observations enables us to then give advice and recommendations based on the findings. We can then liaise with home and school as required.

Please note that this screen/profiling will only give us a brief view of a child's sensory needs. We do not offer full sensory integration assessments at TCT.







### FACE TO FACE

Assessments, therapy sessions, reviews, and joint appointments with other professionals. These can be held at TCT's Westbourne clinic, and at times permitting, at home or educational settings



### ONLINE

The team have great success with virtual sessions and have developed some exciting ways to work remotely



### OUTINGS & VISITS

These sessions are very effective when space or different environments are required to see function, along within everyday situations (NB: these sessions can be weather dependent)



### CONSULTANCY & ADVOCACY

TCT's OT are excellent at trouble shooting, and offering support, advice, and recommendations.  
The team at times also help to represent the child/family at meetings, or by paperwork.





FOR FURTHER DETAILS OR TO MAKE A BOOKING

# Contact us

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