



# Mini Triple Assessment for Pre-schoolers

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## Mini Triple Assessment: Supporting Your Child's Development

We begin with a robust assessment to gain a comprehensive understanding of your child as a whole person. This allows us to summarise our findings and provide recommendations for any appropriate support moving forward. The assessment can also be used to inform recommendations for home and nursery, as well as to provide additional evidence for an EHCP application if required.

**This assessment package is designed for children under five and includes:**

### **Nursery Visit – 60 minutes**

One of our team members will discreetly observe your child in their nursery setting and liaise with nursery staff. The observation will be conducted subtly so that your child remains unaware and does not feel singled out in any way.

### **Highly Specialised Speech and Language Therapist & Highly Specialised Physiotherapist – 60 minutes**

A joint play-based session will be conducted, exploring a range of activities to assess how your child interacts, focuses, and engages in playful tasks. Each session is bespoke, tailored to the child's unique needs, and will vary depending on their specific requirements. Our experienced therapists will build the session around the child they are working with.

# Package

## Family Therapy – 90 minutes (Parent Consultation Only)

This is a 90-minute consultation for parents only, providing an opportunity to discuss your child's background, including what strategies have worked well in the past and what has not been effective. It also allows you to share any concerns you may have and explore underlying factors such as anxiety, emotions, attachment issues, confidence, and self-esteem.

The parent consultation:

- Creates a dedicated space where parents and the therapist can openly discuss the child, addressing topics that may not be suitable to discuss in front of them.
- Helps the therapist gather information and construct a timeline from pregnancy to the present, identifying when and how any difficulties may have emerged.
- Provides an opportunity to review past strategies and their effectiveness.
- Explores whether a consistent approach is being implemented at home, in nursery, and by other caregivers.
- Forms the foundation for future work with the child and family, enabling the therapist to create a personalised plan.
- Supports the ongoing relationship between the therapist, child, and family, ensuring continual assessment and therapy over planned sessions.

A summary report of the entire assessment process, including recommendations, will be provided.

**Total Fee: £450.00**

If further support, referrals, or therapy are deemed appropriate, the team will include their recommendations in the summary.



FOR FURTHER DETAILS OR TO MAKE A BOOKING

# Contact Us

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