Family Therapy: Building Relationships & Attachments

Total Children's Therapy

WWW.TOTALCHILDRENSTHERAPY.COM

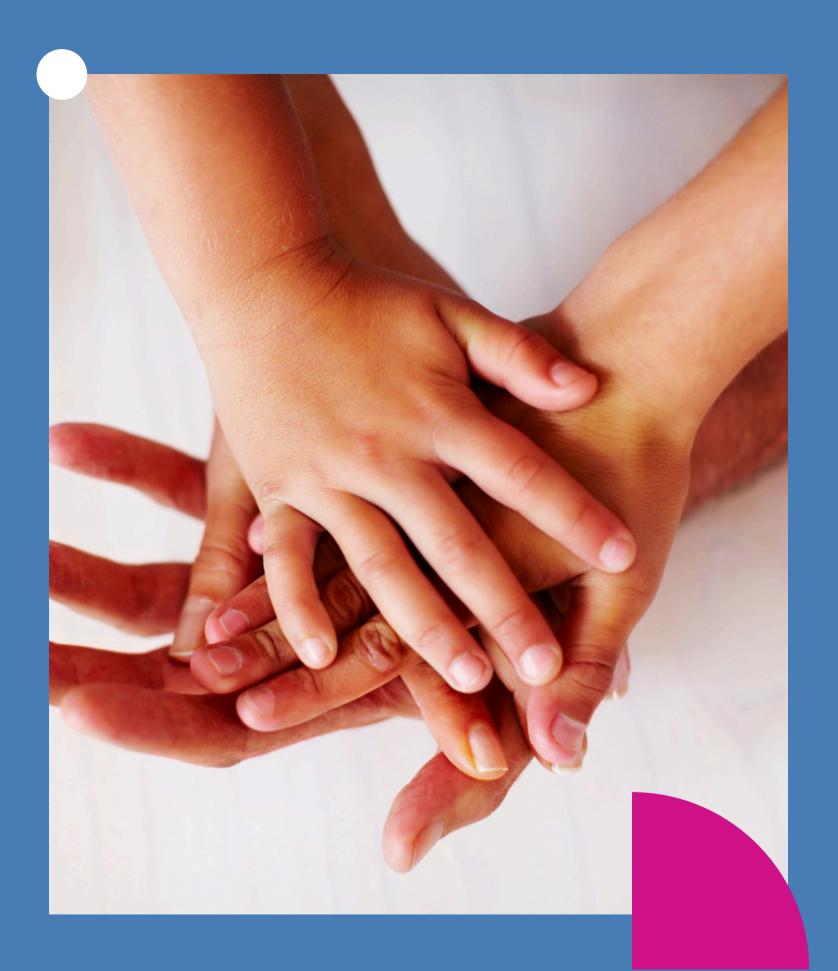# Building Relationships & Attachments

SERVICE OUTLINE

TCT's Relationships and Attachment Support Service is for parents or carers who recognise that they struggle with bonding or attachment with their baby, child, tween or teenager for whatever reason.

The service will help parents to understand what may be causing their child's moods/behaviours. Support is then provided to learn different approaches to interact with their children.

In turn, this helps to improve the relationship and leads to a number of positive gains such as an increase in self-confidence, better emotional regulation and helps the parent feel more confident to meet their child's needs.

We provide easy-to-engage-with, non-judgemental support. We are passionate about supporting, and committed to supporting parents and carers.

You can find full details of the team's experience, as well as child-friendly profiles available for download, on the [TCT Team page](#).

Who is the service designed for?

- Parents/carers who have struggled to form an attachment to their child/ baby.
- Those who want to build a better relationship between parent/carer and child.
- Parents/carers who feel their children's behaviour is due to difficulties with their relationship and connection.
- For those who have had a forced separation from their child and want to rebuild their attachment.

Fees & Extra

- For fees, please refer to our Fees and Services document.

- Please note that Family Therapy services provided in-clinic are held at our TCT Ashley Cross site. The full address, along with directions and clinic opening hours, can be found on our website.

Contact Us

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